COVID-19 Protocols
Mpirigiti Rural Training Center (MRTC)
Iowa State University – Uganda Program (ISU-UP)
Kamuli, UGANDA

The following COVID-19 protocols are in place to protect ISU-UP staff and visitors to MRTC.

- All ISU-UP staff must be vaccinated.
- All residential (overnight) visitors must be vaccinated. In cases where an individual is not yet fully vaccinated against COVID-19 they will be assigned a single room and will not be permitted to visit communities where we work.
- All visitors are required to follow COVID-19 guidelines established by the Uganda Ministry of Health https://www.health.go.ug/covid/project/guidelines/
- All visitors and staff are required to wear masks, sanitize their hands regularly, and maintain social distancing at the MRTC regardless of their vaccination status. Hand washing and sanitation stations are distributed throughout the compound.
- All visitors and staff must be screened in an appropriate language at the main gate to the MRTC compound for temperature.
- All visitors and staff must report all outward symptoms of COVID-19 to the MRTC Resident Director.
- Residential visitors (overnight) who have symptoms of COVID-19 will be immediately tested for COVID-19.
- Residential visitors who test positive will be required to self-isolate for 10-days after symptoms first appeared. If the individual is asymptomatic they may leave their isolation 10-days after their positive COVID-19 test. They will be assigned a designated quarantine/isolation room reserved for this purpose. They must be free of fever and other symptoms for 24 hours before they can leave isolation. Meals, water, medicines and books will be delivered to their room. Wi-Fi is available for all communication, including with their personal physician. They will also be assigned a staff member point of contact for all of their needs.
- These protocols will be updated based on the latest guidelines from the Ugandan Ministry of Health, World Health Organization, the US Centers for Disease Control and Prevention, and Iowa State University.

Created: October 14, 2021
Updated: November 18, 2021
October 12, 2021

Dr. David Acker, Director
Center for Sustainable Rural Livelihoods
Iowa State University
Ames, Iowa 50011 USA

Dear Dr. Acker:

In order to protect unvaccinated people in rural areas of Kamuli District we have adopted a practice of requiring all individuals who interact with them to wear a mask, to practice social distancing, and to be fully vaccinated. Please advise individuals planning to visit our centre accordingly.

Sincerely,

Gideon Nadiope
Resident Director
Mpirigiti Rural Training Centre